



THEOLOGY
OF THE BODY
INSTITUTE

Educating Minds • Transforming Hearts • Changing Lives

THEOLOGY OF THE BODY I: HEAD & HEART IMMERSION COURSE FAQs

IS THIS COURSE A RETREAT?

The course encompasses 30 hours of classroom time, daily Mass, Reconciliation, Liturgy of the Hours, Rosary, and Adoration. There is time during the afternoons when participants have free time for reflection and/or relaxation. Many participants see the time as a course within a prayerful atmosphere.

DO YOU HAVE TO BE CATHOLIC TO PARTICIPATE IN THIS COURSE?

Participants do not have to be Catholic to participate in the course, but if you are not a Catholic, we only ask for a spirit of openness to the practices of the Catholic Faith.

HOW MANY ATTEND THE COURSE?

Anywhere from 70 to 90 students participate.

IS THE COURSE COST ALL INCLUSIVE?

The course cost is all inclusive. It includes room, all meals (Sunday dinner through Friday lunch), course workbook and the course itself.

ARE ALL ROOMS DOUBLE OCCUPANCY?

Registration, both early and late, is double occupancy. Single rooms are available for an additional \$300. Due to the number of participants, there may be a possibility of triple occupancy.

IS TRANSPORTATION OFFERED TO THE CENTER?

For an additional fee of \$50, a shuttle is offered to and from the Philadelphia International Airport which is about 50 miles from the retreat center. This shuttle site is accessible from both air and train. The shuttle times of departure are not flexible. If you sign up for the shuttle service, but your plane is cancelled or delayed beyond the shuttle time, you will be responsible for your own transportation to the retreat center.

WHEN SHOULD I ARRIVE AT THE CENTER ON SUNDAY?

If you are taking the shuttle from the airport, the shuttle leaves from the Philadelphia International Airport US Airways Baggage Claim area (Terminal B/C) at 2:45 p.m. **When scheduling flights, please have your flight on Sunday arrive prior to 1:30 p.m.** The shuttle will arrive at the center around 4 p.m. All other participants not on the shuttle may begin arriving at the center after 4 p.m.

WHEN DOES THE COURSE END?

The course ends on Friday at noon with lunch provided for participants. The shuttle to the airport leaves the retreat center at 1 p.m. **When scheduling your return flight on Friday, please schedule your flight no earlier than 5 p.m.**

WILL SUNDAY MASS BE AVAILABLE?

Sunday Mass will be available to meet your obligation.

WHAT IS THE REFUND POLICY?

A ninety (90) day notice is needed for cancellation due to the retreat center policies. Ninety days before the course, partial refunds may be available if spaces can be filled.

ARE CREDITS OFFERED FOR ALL COURSES?

Academic credit is only offered for the Theology of the Body I: Head & Heart Immersion. This academic credit is offered through Creighton University in Omaha, Nebraska.

WHAT IS THE ACCREDITATION PROCESS?

Those seeking Undergraduate Credit for Theology of the Body I: Head & Heart Immersion Course:

- Fill out Creighton University registration form.
- Pay \$350 for credit and processing fees. This fee needs to be paid at the time of the course.
- Complete and return assigned course work to the Theology of the Body Institute. Graded course work will be returned to you (in a self addressed stamped envelope you provide). The assigned work will be outlined at the course.

Those seeking Graduate Credit for Theology of the Body I: Head & Heart Immersion Course:

- Fill out Creighton University registration form.
- Fill out Creighton Graduate School form.
- Pay \$350 for credit and processing fees. This fee needs to be paid at the time of the course.
- Complete and return assigned course work to the Theology of the Body Institute. Graded course work will be returned to you (in a self addressed stamped envelope you provide). The assigned work will be outlined at the course.

All forms will be available at the course.

IS THERE REQUIRED OR RECOMMENDED READING FOR THE COURSES?

Christopher recommends either his *Theology of the Body for Beginners* or *Theology of the Body Explained*. Which book you choose will depend on how familiar you already are with Theology of the Body. Many students find it helpful to bring these to reference during the class. However, this is not necessary as you will be provided with a course workbook.

WHAT DO I NEED TO BRING TO THE RETREAT CENTER?

The retreat center provides pillows, sheets and towels. You will need to bring your own toiletries.

Optional items you may wish to bring:

Hairdryer, Breviary, Bible, Watch, Bug Spray, Gym/Hiking Shoes, Flashlight, Water Bottle or Large Plastic Cup (highly recommended), Quarters (for vending machines and laundry facilities), Laundry Detergent (this is one set of machines for all those staying at the Retreat Center).

IS INTERNET AND COMMUNICATIONS AVAILABLE AT THE RETREAT CENTER?

There is wireless internet available at various spots throughout the retreat center, however, we cannot guarantee you will be able to connect. There is no printer, fax, or copy machine available. You will be able to send mail if you bring your own stamps. Cell phone reception is not guaranteed, but there are pay phones on site.

FOR ADDITIONAL INFORMATION CONTACT:

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